

# Listening Touch

Welcome! Thank you for taking the time to fill out this form. All information will be kept confidential.

<b>Name</b> _____	<b>Date</b> _____	<b>Date of Birth</b> _____
<b>Address</b> _____	<b>City</b> _____	<input type="checkbox"/> <b>Home Phone</b> _____
<b>State</b> _____ <b>Zip</b> _____ <b>email</b> _____		<input type="checkbox"/> <b>Work Phone</b> _____
Gender: <input type="checkbox"/> male <input type="checkbox"/> female <input type="checkbox"/> transgender <input type="checkbox"/> m-t-f <input type="checkbox"/> f-t-m <input type="checkbox"/> other		<input type="checkbox"/> <b>Cell Phone</b> _____
Subscribe to monthly email newsletter? <input type="checkbox"/> yes <input type="checkbox"/> no		(Please check your preferred phone)

Occupation \_\_\_\_\_ Emergency Contact Name \_\_\_\_\_

Employer \_\_\_\_\_ Emergency Contact Phone \_\_\_\_\_

Are you currently under a doctor's care? Yes / No (if yes, please describe) \_\_\_\_\_

Primary Physician or Healthcare Provider: \_\_\_\_\_ Healthcare Provider's Phone \_\_\_\_\_

How did you find Listening Touch Massage? \_\_\_\_\_

Have you received professional massage or bodywork before today? Yes / No Favorite style/technique(s) \_\_\_\_\_

Do you exercise? Yes / No How often? \_\_\_\_\_ What type? \_\_\_\_\_

Are you currently taking any **prescribed medications** or **pain medications**? Yes / No (If yes, please list, along with condition) \_\_\_\_\_

Have you had any **major surgeries or injuries**? Yes / No If yes, please make note of them in the space provided with date(s): \_\_\_\_\_

What are your major complaints and symptoms today? \_\_\_\_\_

What are your needs and expectations for this treatment? \_\_\_\_\_

Do you have allergies to nuts, lotions, oils or creams? Yes or No If yes, please describe: \_\_\_\_\_

Do you have any of the following? **please circle**: Contacts Dentures Hearing aids Wig Pacemaker IV/Port Bone pin/s Spinal rods

**Please check any of the following conditions that you have a history of or currently have:**

**Blood, Heart and Circulatory**

- Bruise Easily  Anemia
- Varicose veins  Swelling/Edema
- Lymphedema Location: \_\_\_\_\_
- Lymph node removed or radiated
- Blood Clots  Stroke  Pace-maker
- Low Blood Pressure  High BP
- Heart Condition \_\_\_\_\_

**Chronic Pain / tension**

- Back  lower  middle  upper
- Neck  Shoulders  Hip/s
- Knee/s  \_\_\_\_\_

**Bone, Joint & Muscle**

- Broken/Dislocated \_\_\_\_\_
- Disc  bulging  herniated \_\_\_\_\_
- Arthritis Location(s): \_\_\_\_\_
- Tendonitis/Bursitis \_\_\_\_\_
- Carpal Tunnel Syndrome \_\_\_\_\_

**Do you suffer from:**

- Headaches  Migraine  Tension
- Sleeping Problems  Anxiety  Depression
- Other mental health \_\_\_\_\_
- Digestive Problems \_\_\_\_\_

**Women Only:**

- Are you pregnant? yes / no Due Date: \_\_\_\_\_
- Previous Pregnancies \_\_\_\_\_
- PMS/PMDD  Menopausal Symptoms
- Breast Pain  Infertility
- other \_\_\_\_\_

**Men Only:**  Prostate Problems

**Viral/ Skin Problems**

- Rash  Fungus  Warts
- Location: \_\_\_\_\_
- Shingles/Herpes
- other \_\_\_\_\_

**Respiratory**

- Seasonal Allergies  Asthma
- Smoking History  Sinus Problems
- other \_\_\_\_\_

**Auto Immune, Nervous, Endocrine**

- Diabetes  Type I  Type II
- Fibromyalgia  Multiple Sclerosis
- HIV  Lupus
- Neuropathy  Rheumatoid Arthritis
- other \_\_\_\_\_

**Cancer -Location(s) and date(s):**

- Surgery \_\_\_\_\_
- Chemo \_\_\_\_\_
- Radiation \_\_\_\_\_
- Other \_\_\_\_\_

Is there any condition not listed above that your massage practitioner should be aware of? If yes, please list: \_\_\_\_\_

**Informed Consent** I, the undersigned agree to receive massage from Listening Touch, and I understand that massage therapy is intended to enhance relaxation, reduce pain caused by muscle tension, and improve circulation and provide a positive experience with touch. I am aware that my massage practitioner does not diagnose disease or illness, prescribe medications or perform skeletal manipulations. I comprehend that I **may terminate a massage session at any time** if I feel uncomfortable with the course of treatment. Therapist reserves the right to end session in the case of any inappropriate behavior. The benefits of massage therapy, possible contraindicating factors, and a treatment plan have been explained to me. I realize that the health benefits of massage therapy are not guaranteed, nor is massage therapy intended to be a substitute for supervised medical treatment by a doctor. I have informed my massage practitioner of all my known medical conditions and I agree to inform my practitioner of any changes in my health as they occur. I hereby assume full responsibility for receipt of the massage therapy, and release and discharge Therapist from any and all claims, liabilities, damages, or causes of action arising from the therapy received hereunder, including, without limitation, any damages arising from acts of active or passive negligence on the part of the Therapist, to the fullest extent allowed by law.

**Cancellation Policy** I understand that this time has been reserved for me, and all appointments **MUST** be cancelled within 24 hours or I will pay the **FULL** amount of the service I was scheduled for. If there is an emergency, I understand that the cancellation fee will be **50% of the amount** of the service I was scheduled for. Thank you for understanding.

Initial here \_\_\_\_\_

I acknowledge receipt and comprehension of the Listening Touch policies for services and agree to the policies stated above.

**Client's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

